

Good Kitty Hypno Script

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Description

A hypno file for overnight use to help you cross the line into wearing and loving and being diaper dependent permanently. Uses two triggers to help push you into being a good girl and wearing diapers, wetting the bed, using your diapers, and being confident in your diapers.

Body [Looping]

Reinforce Good Kitty

- Whenever you hear the words Good Kitty from someone you trust and with your permission, you can recite the words [I am a good kitty I never want to think being a good kitty helps me drift and sink]...
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- Whenever you hear the words Good Kitty from someone you trust and with your permission, you can recite the words [I am a good kitty I never want to think being a good kitty helps me drift and sink]
- Whenever you recite the words 'drift and sink' for the purposes of hypnosis, you can easily sink into trance...
- Whenever you recite the words 'drift and sink' for the purposes of hypnosis, you can sink right into trance...
- Yes, Whenever you recite the words 'drift and sink' for the purposes of hypnosis, you can drift into a nice deep trance....

Being a good girl

- You're a good girl... yes, you're a very good girl... you know you're a good girl, because you're listening to my words and following along... you know you're a good girl, because you accept all that you hear...
- And you know how to be good... and you like to do what you know is good... noticing how good that feels every time you are good... [good girl... good girl... you're a very good girl...]

- Whether that means being good to yourself, or to others... being sweet and little, or caring, protective, and motherly... you're confident that you know how to be a good girl... you *want* to be a good girl... and so it's so easy to be a good girl... because a good girl is who you are... give me a nice big smile if you understand that you are a good girl... aww, yes... there it is... there's that smile... yes, you *are* a good girl...

Being a good girl and wearing diapers

- And you can enjoy... Being a good girl and wearing diapers... wearing diapers all the time because wearing diapers is being a good girl... wearing diapers is being a good kitty... that's right... whenever you are a good kitty, you wear your diapers, and when you wear your diapers, you're being a good kitty.
- Diapers and goodness are becoming inextricably linked in your mind... until you find yourself... being a good girl and wearing diapers every day... and doesn't that feel so nice when it happens? ...yes, it does...

Reinforce Good Obedient Kitty

- Whenever you hear the words... Good Obedient Kitty from someone you trust and with your permission, you recite the words [I am an obedient kitty I love to mew and obey with every task I do my mind just slips away]...
- Whenever you hear the words... Good Obedient Kitty from someone you trust and with your permission, you recite the words [I am an obedient kitty I love to mew and obey with every task I do my mind just slips away]...
- Whenever you hear the words... Good Obedient Kitty from someone you trust and with your permission, you recite the words [I am an obedient kitty I love to mew and obey with every task I do my mind just slips away]...
- And you can find it even easier to listen and follow along... listen and obey... as you continue to listen to my words... day after day... as your mind just slips away...[Listen and follow along... listen and obey... Listen to my words... day after day... as my mind just slips away...]

Wetting the bed

- And you know... that it's safe to relax in bed... it's okay to relax in bed... because you are well protected... in a nice comfy diaper... you know you can relax and let everything go ... relax and let everything flow... relax and let your bladder empty right into your diaper... [relax and let everything go... relax and let everything flow... right into your diaper]

- That's a good girl... that's a good kitty.. Good kitty... it's okay...

Using my diapers

- And when you are awake... you can use your diapers... when you are asleep you can use your diapers... you can wear and use diapers any time...
- Any time you wear your diapers... you can relax and let go... it's okay to relax and let go... you can just relax and let go whenever you have to go... easily and automatically... easier and easier to wet automatically every time you listen to my words...
- Easier and easier to just relax and let go whenever you wear a diaper... relax and let go... allow the muscles in your bladder to remain relaxed more and more... allow the pee to flow into your diaper... nice and safe... so easy and enjoyable to give up control.. So easy to relax and let go...
- So easy to forget any other behavior but forgetting and wetting whenever you need to pee...

Being confident in my diapers

- It's easy to wear diapers... it feels good to wear diapers... You feel so confident when you wear diapers... more confident and content as you wear them more and more... [I feel good in my diapers... I feel confident in my diapers...]
- You feel so good and so confident in diapers, that you want to wear them all the time... the idea excites you... the idea makes you feel so happy and good... [I want to wear diapers full time... I want to feel this way all the time...]
- Because you like to wear diapers... because you want to wear diapers... because it feels so good to be a good obedient kitty and wear diapers... yes, it feels so good to be a good obedient kitty and wear diapers, doesn't it...? ...Yes... it does... And you know that when you wear your diapers, you are being good... good girl... good girl... [when I wear my diapers, I am being good...]

Mantras

- "I am a good kitty I never want to think being a good kitty helps me drift and sink" (Good Kitty trigger)
- "I am an obedient kitty I love to mew and obey with every task I do my mind just slips away" (Good Obedient Kitty trigger)